

Developmental Education Therapy Supports Assessments

**InFormal or Formal Assessments
(both available and both equally valid)**

**TO BECOME MORE ABLE AND CAPABLE
WE NEED TO FEEL SAFE AND HAVE ORGANISED SYSTEMS
BOTH INTERNALLY AND EXTERNALLY TO US.**

**ORGANISATION WITHIN STARTS WITH THE PROCESSING
OF SENSORY INFORMATION. LEARNING AND SENSORY
PROFILES GATHER THIS DATA**

**OUR BRAINS/BODIES MAY NEED EXTRA SUPPORT
TO INTEGRATE THE SENSORY. A REPORT WITH STRATEGIES IS
PROVIDED INCLUDING ENVIRONMENTAL SUPPORT,
MOVEMENTS AND ACTIVITIES**

**IF, THEN AND WHEN – SENSORY INTEGRATION OCCURS
THE MESSAGES RECEIVED BACK HELPS US FEEL SAFE
AND WE CAN FOCUS ON DEVELOPING NEW SKILLS**

Sensory Profile

Learning Profile

SENSORY PROFILE/ PREFERENCES AND STRATEGIES

	TASTE/SMELL	MOVEMENT	VISUAL	TOUCH	ACTIVITY LEVEL	AUDITORY
Sensation Avoiding	Use unscented cleaners, soaps	Use a routine and repetition when doing movement activities Take breaks/sit down as needed	Periodically, give eyes a rest by closing them De-clutter environment Use dim or natural light where possible	Select clothes that don't irritate Wear gloves when cooking/gardening Practice personal distance and let others know you like that	Avoid traffic/crowds/busy times Maintain consistency avoid disruptions Establish routines Find quiet places for alone time	Diminish background noise / conversation Go to a quiet area when you really need to focus Close door Use noise cancelling headphones
"Much More Than Others" Sensation Avoiding pattern benefit from strategies that reduce sensation. Predictable, consistent environments will support performance on tasks and in activities of daily life.						



Strengths
Logic Dominant
Analytic
Visual/Auditory Learner
Follows step by step well

Challenges
When Under stress
Verbal Communication is limited
Unable to see the big picture/possibilities

To help the two sides of brain/body to connect MORE often.

Movement
ENVIRONMENT
Sit in middle of room to access both ears/eyes
Fidget/doodle to process

Activities
BODY
Dance
Sway
Swing

BRAIN GYM - MOVEMENT
Double Doodle
Lazy 8
Energy Yawn

MIND
Calm - 60bpm
Energise 80-120 bpm

BRAIN GYM - VISION
CloverLeaf
Butterfly Blinks
Rings/Bracelets

GAMES OR APPS
Board Games
Visual/auditory apps

**Therapy Assessments & Reports
Available ONLINE**